

MONDAY

Mac n Cheese

Pasta with vegful sauce, ham, mixed veggies and white beans, topped with cheese.

Dietary Alternatives:
GF: GF pasta. DF, VE: Bolognese sauce, vegan cheese. V, H, NP: White beans.



TUESDAY

Chicken & Cheese Filled Wrap

Fresh wrap with chicken, cheese, salad and aioli.

Dietary Alternatives:
V, VE: Falafel. GF: GF wrap. DF, VE: Vegan cheese.

Snack: Yoghurt
+ Years 9 to 13: Seasonal Fruit

Snack Dietary Alternatives:
Fruit

WEDNESDAY

Butter Chicken on Rice

Butter chicken sauce with chicken, chickpeas and veggies served with white rice.

Dietary Alternatives:
V, VE: Chickpeas.

THURSDAY

Cheese Burger

Burger Bun with beef pattie, cheese, salad and sauce.

Dietary Alternatives:
V, H, NB, VE, SF: Veggie burger. DF, VE: No cheese. GF, SF: Special roll.

Snack: Pineapple Crush Slice

Snack Dietary Alternatives:
GF, SF Cookie

FRIDAY

Pizza Pasta Bake

Pasta bake with pizza sauce, ham and cheese.

Dietary Alternatives:
V, VE: Super sausie. DF, VE: Vegan Cheese. GF, SF: Special roll. GF: GF Pasta.

Snack: Garlic Bun

Snack Dietary Alternatives:
GF, SF Roll

Key: (V) Vegetarian. (GF) Gluten Free. (DF) Dairy Free. (EF) Egg Free. (H) Halal. (NB) No Beef. (NP) No Pork. (SF) Soy Free.

Meals will be prepared to cater for children with specific allergies or cultural requirements. If you need these options please make the school aware two weeks in advance. Meals are prepared in a non-allergen controlled environment. If you have low tolerance towards certain allergens please notify the school immediately. Items may vary subject to supply.